

What should I do if my child is sick?

Keep your child(ren) home. Fill out the "Student Absence Reporting" found on the HFS school website, www.hfsqb.org, under the "Current Families" tab.

*Use this guide to determine what steps to take. Remember to use your child's baseline, we are looking for NEW or worsening symptoms not explained by a known medical condition.

Updated directives from the Genesee County Health Department (9-21-2020):

A student who has any ONE of the following symptoms (not explained by child's baseline or preexisting condition i.e. asthma):

- Fever
- Uncontrolled cough
- Shortness of breath

Please keep your child (and siblings) home and call the pediatrician ASAP. Must quarantine until the doctor provides an alternate diagnosis or testing shows a negative result.

OR

A student who has any TWO of the following symptoms (not explained by child's baseline or preexisting condition i.e. seasonal allergies, migraines)

- Loss of taste or smell
- Muscle aches
- Sore throat
- Diarrhea, vomiting or abdominal pain (considered ONE symptom)
- New onset of severe headache

Please keep your child (and siblings home) and call the pediatrician ASAP. Must quarantine until the doctor provides an alternate diagnosis or testing determines a negative result.

If the doctor tests for COVID, your child and siblings must stay home while awaiting results. Please notify the school immediately. Genesee County Health Department (GCHD) will be notified and may instruct us to have close contacts at school quarantine while awaiting results.**

**This will be dependent on multiple factors, including but not limited to: symptoms, timing of symptom onset, and if an alternate diagnosis was provided in addition to testing. We will follow guidance from the GCHD.

NEGATIVE: OK to return to school when feeling better and 24 hours fever free without medication. Siblings and close contacts can return immediately.

POSITIVE: Your child, family and close contacts must continue to isolate/quarantine per CDC guidelines Please notify the school immediately.

Following a positive test result, your child can return to school: 10 days after symptoms first appeared AND symptoms are improving AND 24 hours fever free (without the use of medication).

*Close contacts will continue to quarantine for 14 days from last date of exposure with positive person and monitor for symptoms.

**In both situations described above, it is expected you call the school office and provide an update by the end of the school day regarding what the doctor decided.

If you answered NO to both sections, use your discretion and keep your child home if they are not feeling well. Siblings are okay to attend school.