

Student Illness - 9/30/2020

Dear Parent/Guardians,

Below is the protocol to follow if your child is sick. Please take a moment to read through this and familiarize yourself with the information.

If your child is ill, a parent/guardian must fill out the JotForm, "Student Absence" found on our website under the "Current Families" tab prior to 8:00 A.M. to report the absence.

Please be aware that it is necessary that a child be without fever for a full 24 hours and free from vomiting for 48 hours after an illness before returning to school.

In addition, if an antibiotic has been prescribed, it is recommended that the doctor's instructions be followed as to when the student should return to school.

Following below is a summary of the Health Department publication entitled "When to Keep Your Child Home". Holy Family School will use these guidelines to determine if a child should be sent home from school as well.

- **FEVER/COLD:** Do not allow child to return to school until fever-free for 24 hours. "Heavy cough" and hacking cough-please keep home in bed even if there is no fever
- **SORE THROAT:** Sore throat, but NO other symptoms, send to school. If your child has been diagnosed with strep throat, keep your child home for at least 24 hours after starting antibiotics.
- **RASH:** Do not send a child with a rash to school until your physician has said it is safe to do so.
- **HEADACHE:** Usually does not need to be kept home. (If you wish your child to take medication for a headache, you will need to bring the medication to the office in a labeled container and complete a Medication Administration Release Form).
- **EARACHE:** Consult with your physician.
- **VOMITING:** Keep the child home for at least 48 hours. Consult your physician if it persists.
- **DIARRHEA:** Keep children home until stools are formed and your physician gives the okay.
- **SEVERE COUGH AND COLD:** Keep child at home so the virus is not spread.
- **PINKEYE:** If your child has been diagnosed with Pinkeye (conjunctivitis), keep your child home for the first 24 hours after treatment begins.
- **MILD COLD/RESPIRATORY SYMPTOMS:** No reason to keep children at home so long as their nasal drainage is clear and their cough is mild.

Thank you for helping us to keep everyone safe and healthy.