# **Holy Family Catholic School**



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# HFS Covid Protocol Effective 08/26/22

# Symptom check

#### Any ONE of the following:

- Shortness of breath
- Fever or Chills (greater than 100.4 Degrees F)
- New Loss of taste or smell
- Sore throat
- Fatigue
- Muscle pain or body aches
- New onset of severe headache
- Diarrhea, vomiting, or abdominal pain
- Congestion or runny nose
- <u>Sick Students</u> must Stay home for 24 hours until after symptoms resolve and CDC recommends a Negative PCR or Rapid Covid test results (Home test accepted)
  - If a sick student has recently been <u>exposed to Covid</u> and develops symptoms then you must obtain a Negative PCR or Rapid Covid test.
    - Both Rapid at Home tests or from a healthcare provider are acceptable

**Definition**: Close contact is anyone exposed to covid in the **home**.

 Students exposed to Covid in school, social events, or sports are no longer considered a close contact

## • IF Exposed to Covid in the home:

- ★Regardless of vaccination status (or proven positive Covid test in last 90 days)
  - Remain in school
  - No testing required, CDC recommends Covid test on day 5 of exposure
  - Monitor for symptoms for 10 days
  - If symptoms develop, student should stay home until symptoms resolve and get a Covid Test.
  - Those exposed in the home should wear a tight well-fitted surgical/medical grade mask or N95 mask for 10 days from exposure

## **Covid Positive Student and Staff**

- Isolate at home for 5 days.
- May return to school on day 6 if symptoms resolving and student is feeling .better
- If student/staff does not feel well on day 6 then the student should stay home until feeling better or 10 days have gone by.
  - Wear a tight well-fitted surgical/medical grade mask or N95 mask for 10 days from exposure
  - Can participate in sports and extracurricular activities if wearing a mask.